



MIQUELI CHIROPRACTIC & MASSAGE THERAPY  
910 16TH ST STE 221 DENVER, CO 80202 o 303-573-0984

---

## Patient General Information Questionnaire

### Section 1

#### Personal Data

Patient Name: First \_\_\_\_\_ Last \_\_\_\_\_ M.I. \_\_\_\_\_

Prefers to be called \_\_\_\_\_ Birth Date \_\_\_\_\_ M \_\_\_ F \_\_\_

Parent or Guardian's name if the Patient is a Minor \_\_\_\_\_

Are you currently pregnant? \_\_\_\_\_ Have you ever been pregnant? \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_

E-mail \_\_\_\_\_

Current Employer \_\_\_\_\_ Contact Phone \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Job Description \_\_\_\_\_

Marital Status: Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Spouse/ Partner Name \_\_\_\_\_

Number of Children \_\_\_\_\_ Ages \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

**Section 2**

**Reason for Care:** I am here for a specific condition \_\_\_ Yes \_\_\_ No (If **No** please go directly to Section 3)

Primary Complaint	Secondary Complaint	Tertiary Complaint
Briefly describe complaint: _____	Briefly describe complaint: _____	Briefly describe complaint: _____
Pain Scale (Circle)	Pain Scale (Circle)	Pain Scale (Circle)
Best _____ Worst _____ 0 1 2 3 4 5 6 7 8 9 10	Best _____ Worst _____ 0 1 2 3 4 5 6 7 8 9 10	Best _____ Worst _____ 0 1 2 3 4 5 6 7 8 9 10
Is it constant? ___ Yes ___ No	Is it constant? ___ Yes ___ No	Is it constant? ___ Yes ___ No
Comes & goes? ___ Yes ___ No	Comes & goes? ___ Yes ___ No	Comes & goes? ___ Yes ___ No
Please check all that describe your current symptoms:	Please check all that describe your current symptoms:	Please check all that describe your current symptoms:
___ Sharp      ___ Pins/Needles	___ Sharp      ___ Pins/Needles	___ Sharp      ___ Pins/Needles
___ Stabbing    ___ Tingling	___ Stabbing    ___ Tingling	___ Stabbing    ___ Tingling
___ Dull        ___ Numbness	___ Dull        ___ Numbness	___ Dull        ___ Numbness
___ Aching     ___ Tightness	___ Aching     ___ Tightness	___ Aching     ___ Tightness
___ Pinching   ___ Other	___ Pinching   ___ Other	___ Pinching   ___ Other
Please check all that aggravate your condition:	Please check all that aggravate your condition:	Please check all that aggravate your condition:
___ Driving    ___ Breathing	___ Driving    ___ Breathing	___ Driving    ___ Breathing
___ Walking    ___ Coughing	___ Walking    ___ Coughing	___ Walking    ___ Coughing
___ Sitting     ___ Sleeping	___ Sitting     ___ Sleeping	___ Sitting     ___ Sleeping
___ Bending    ___ Working	___ Bending    ___ Working	___ Bending    ___ Working
___ Standing   ___ Exercising	___ Standing   ___ Exercising	___ Standing   ___ Exercising
___ Bowel      ___ Other	___ Bowel      ___ Other	___ Bowel      ___ Other
Movements	Movements	Movements
What makes your condition better?	What makes your condition better?	What makes your condition better?
___ Chiropractic ___ Stretching	___ Chiropractic ___ Stretching	___ Chiropractic ___ Stretching
___ Rest        ___ Massage	___ Rest        ___ Massage	___ Rest        ___ Massage
___ Recumbent ___ Medication	___ Recumbent ___ Medication	___ Recumbent ___ Medication
___ Sitting     ___ Nothing	___ Sitting     ___ Nothing	___ Sitting     ___ Nothing
___ Standing   ___ Other	___ Standing   ___ Other	___ Standing   ___ Other
Have you had this current complaint in the past? ___Y ___N	Have you had this current complaint in the past? ___Y ___N	Have you had this current complaint in the past? ___Y ___N
If yes, when? _____	If yes, when? _____	If yes, when? _____
Have you seen any other healthcare providers for your current complaint? ___ Y ___ N	Have you seen any other healthcare providers for your current complaint? ___ Y ___ N	Have you seen any other healthcare providers for your current complaint? ___ Y ___ N

### Section 3

#### Health Habits & Lifestyle

##### Exercise

Do you exercise? \_\_\_ Yes \_\_\_ No

How often do you exercise?

\_\_\_\_\_ days/week \_\_\_\_\_ hours/day

Stretching/Flexibility \_\_\_ Yes \_\_\_ No

Running/ Walking \_\_\_ Yes \_\_\_ No

Rowing/ Swimming \_\_\_ Yes \_\_\_ No

Competitive Athlete \_\_\_ Yes \_\_\_ No

Pilates/ Yoga \_\_\_ Yes \_\_\_ No

Group Exercise \_\_\_ Yes \_\_\_ No

Weight Lifting \_\_\_ Yes \_\_\_ No

Other: Please List

---



---



---



---



---



---



---



---



---



---

##### Diet

Do you have a healthy diet? \_\_\_ Yes \_\_\_ No

How many servings of fruits per day? \_\_\_\_\_

How many servings of vegetables per day? \_\_\_\_\_

How many 8oz. glasses of water per day? \_\_\_\_\_

Do you drink caffeinated beverages?

\_\_\_ Yes \_\_\_ No

How many per day? \_\_\_\_\_

Please list food allergies

---



---

Have you ever had an eating disorder?

\_\_\_ Yes \_\_\_ No

#### Daily Stress Level Scale

Low High

0 1 2 3 4 5 6 7 8 9 10

Have you ever sought help for a mental

##### Alcohol/Tobacco/Recreational Drug Use

Do you use any of the above? \_\_\_ Yes \_\_\_ No

How many cigarettes do you smoke?

\_\_\_\_\_ / Day or \_\_\_\_\_ / Week

Do you use smokeless tobacco? \_\_\_ Yes \_\_\_ No

Do you have a history of alcohol use?

\_\_\_ Yes \_\_\_ No

Number of drinks \_\_\_\_\_ / Day \_\_\_\_\_ / Week

1 drink is equal to 12 oz. can of beer, 1.5 oz. of liquor, 80 proof, 5 oz. of wine.

#### Sleeping Pattern

Hours of sleep per night? \_\_\_\_\_ hours

Please circle appropriate sleep quality.

Excellent    Good    Fair    Poor

Sleep interrupted \_\_\_\_\_ X/ night

How long? \_\_\_\_\_ weeks, \_\_\_\_\_ months,

\_\_\_\_\_ years

### Section 4

**Personal Health History** Please circle all issues below that you have currently or have had in the past.

C= Current    P= Past

MUSCLE/JOINT	C	P	EYES/EARS/THROAT	C	P	SKIN	C	P	CARDIOVASCULAR	C	P	GENERAL	C	P
Arthritis	C	P	Thyroid	C	P	Easy Bruising	C	P	Blood Pressure	C	P	Food Allergy	C	P
Back Pain	C	P	Hearing Difficulty	C	P	Psoriasis/Eczema	C	P	Irregular Heart Beat	C	P	Dizziness	C	P
Sciatic Pain	C	P	Vision	C	P	Hives	C	P	Poor Circulation	C	P	Infections	C	P
Bursitis	C	P	DIGESTIVE	C	P	Skin Allergy	C	P	URINARY	C	P	INFECTIOUS DISEASES	C	P
Hip Pain	C	P	Stomach	C	P	Itching	C	P	Kidney	C	P	HIV	C	P
Foot Pain	C	P	Intestinal	C	P	Varicose	C	P	Difficulty Urinating	C	P	Hepatitis	C	P
Neck Pain	C	P	Colon	C	P	PULMONARY	C	P	REPRODUCTIVE	C	P	Tuberculosis	C	P
Headache	C	P	INTERNAL	C	P	Difficulty Breathing	C	P	Menstrual	C	P	ENDOCRINE	C	P
Shoulder Pain	C	P	Liver	C	P	COPD	C	P	Pregnancy	C	P	NEUROLOGICAL	C	P
Arm Pain	C	P	Gall Bladder	C	P	Asthma	C	P	Prostate	C	P	PSYCHOLOGICAL	C	P
Wrist Pain	C	P	Pancreas	C	P	Seasonal Allergy	C	P	Venereal Disease	C	P			

Please list all of the medications you are taking including over the counter medications, herbs & vitamins, and nutritional supplements.

Name/ Dose/ Frequency

Name/ Dose/ Frequency

_____	_____
_____	_____
_____	_____

Medication Allergies \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Section 5**

Please list all accidents, injuries, surgeries & hospitalizations.

Accidents, Injuries, Fractures (Dates) \_\_\_\_\_

\_\_\_\_\_

Surgeries (Dates) \_\_\_\_\_

\_\_\_\_\_

Hospitalizations (Dates) \_\_\_\_\_

\_\_\_\_\_

Please list all of your doctors and healthcare providers, including previous chiropractors

Name	Phone
_____	_____
_____	_____
_____	_____

**Section 6**

**Family History** Please mark the appropriate line with an X.

History	Mother	Father	Brother / Sister	Grandmother	Grandfather
Diabetes	_____	_____	_____	_____	_____
Heart Problems	_____	_____	_____	_____	_____
High Blood Pressure	_____	_____	_____	_____	_____
High Cholesterol	_____	_____	_____	_____	_____
Kidney Problems	_____	_____	_____	_____	_____
Cancer	_____	_____	_____	_____	_____
Headaches	_____	_____	_____	_____	_____
Anemia	_____	_____	_____	_____	_____
Arthritis	_____	_____	_____	_____	_____
Auto Immune Disorder	_____	_____	_____	_____	_____
Obesity	_____	_____	_____	_____	_____